

**LA BONNE VIE SPA
DOLPHIN BAY HOTEL & RESIDENCES
FACT SHEET**

ADDRESS: **DOLPHIN BAY HOTEL & RESIDENCES**
2723 Shell Beach Road #131
Pismo Beach, CA 93449

TELEPHONE: 805.773.5003

WEBSITE: www.labonneviespa.net

**TOLL-FREE
RESERVATIONS:** 800.516.0112

**HOURS of
OPERATION*:** Monday – Friday 9:00am – 7:00pm
Saturday 8:00am – 7:00pm
Sunday 8:00am – 5:00pm

SPA DIRECTOR: Zipporah (“Zia”) Andrews

LOCATION: La Bonne Vie Spa at Dolphin Bay Hotel & Residences in Pismo Beach, California, encompasses the spirit of tranquility in a most luxurious environment for relaxing and renewing the mind, body and spirit. Located in the heart of California’s Central Coast, just three hours North of Los Angeles, and three and a half hours South of San Francisco, La Bonne Vie is adjacent to the property’s infinity edge pool.

DESCRIPTION: Offering rejuvenating services in a serene, oceanfront setting, La Bonne Vie is a haven of relaxation. Intimate and personalized, the 2,900 square-foot spa captures the spirit and calming power of the Pacific Ocean. La Bonne Vie offers four treatment rooms, including two massage rooms and two specialty treatment rooms, with an indoor and outdoor manicure and pedicure area. The comprehensive menu of services includes

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signature massage, specialty facials, and herbal body treatments created to achieve ultimate serenity.

TREATMENTS:

At La Bonne Vie there exists a singular focus on relaxing the body and mind into a state of advanced health and rejuvenation through signature treatments.

Massage Therapy—In accordance with the centuries old tradition of relaxation and pampering, La Bonne Vie offers a myriad of massage options created for relaxation, healing, stimulation, detoxification, and balance. The Enchant begins with warm oils followed by a moist herb-filled poultice to trace energy pathways and pressure points; while the Elite promotes wellbeing and healing while stimulating energy through reflex points on hands, feet and head

Facial Rejuvenation—Free-radicals from the sun, pollutions and other stresses bombard the face everyday. La Bonne Vie's facial treatments cleanse and rejuvenate to protect the skin from everyday stress and environmental exposure. Several treatments are available for all types of skin, including the Erase—a rejuvenating facial with particle-free wet dermabrasion using Skin Bella™ technology, offering no pain, no chemicals, and no downtime; and the Essential—a linseed, wheat germ and sunflower together with an anti oxidant cocktail of proteins and vitamins promote decongesting, anti-inflammatory and healing properties

Body Wraps & Scrubs—treatments such as the Enhance body wrap leaves skin regenerated and soft using lemongrass tonic. La Bonne Vie has an extensive list of body treatments to detoxify, relax

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and refresh. The treatments take nutrients from earth, fruit and minerals, to restore, balance and energy to overworked muscles and skin.

SIGNATURE

TREATMENTS:

“Effect”—this cellulite reduction and body contouring treatment uses the new state of the art Dermosonic® technology, a combination of ultrasound and non-invasive sub-dermal therapy to act on the circulatory causes that lie behind cellulite. The treatment is painless and relaxing.

"Evoke"—during this 60-minute treatment skin is awakened and revived. This multi-step treatment begins with cleansing and prepping the facial area with exfoliation and an individualized enzyme mask. Next, the Dermosonic® uses the latest ultrasound technology to enhance facial skin by stimulating new collagen and elastin production.

PRODUCTS & GIFTS:

Specialty spa, bath, and skin care products, as well as attire and gifts, are available at La Bonne Vie’s retail boutique

DINING:

Spa Esculent, a special spa menu prepared by Dolphin Bay’s Lido restaurant, is available for in-spa dining. Menu changes seasonally

GROUPS:

La Bonne Vie is available for bridal parties, as well as for private events and after hour gatherings

HONORS:

Dolphin Bay Hotel is a member of the prestigious Small Luxury Hotels of the World

Dolphin Bay Hotel & Residences is located in Pismo Beach, CA and offers the ultimate in luxurious accommodations, dining and spa. The oceanfront property is approximately three hours by car from greater Los Angeles, and three a one half hours from the San Francisco Bay Area and Airport offers convenient access to and from Dolphin Bay Hotel with scheduled flights and private aviation services. For more information please call 805.773.5003 or visit us on the Web at www.thedolphinbay.com

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**FOR MORE INFORMATION CONTACT, WAGSTAFF WORLDWIDE AT
323.871.1151**